Cleveland State University

EngagedScholarship@CSU

Occupational Therapy Doctoral Student Capstone Posters Occupational Therapy Doctoral Student Capstones

Spring 2023

Community Safe Space for Individuals Impacted by the Opioid Epidemic

Lindsay Haywood Cleveland State University

Follow this and additional works at: https://engagedscholarship.csuohio.edu/ot_capstone_posters

Part of the Occupational Therapy Commons How does access to this work benefit you? Let us know!

Recommended Citation

Haywood, Lindsay, "Community Safe Space for Individuals Impacted by the Opioid Epidemic" (2023). *Occupational Therapy Doctoral Student Capstone Posters*. 7. https://engagedscholarship.csuohio.edu/ot_capstone_posters/7

This Book is brought to you for free and open access by the Occupational Therapy Doctoral Student Capstones at EngagedScholarship@CSU. It has been accepted for inclusion in Occupational Therapy Doctoral Student Capstone Posters by an authorized administrator of EngagedScholarship@CSU. For more information, please contact library.es@csuohio.edu.



Cleveland State University CSU

Community Safe Space for Individuals Impacted by the Opioid Epidemic Lindsay Haywood S/OTD; Sara Szelagowski BA, CPRS; Robin Chilton OTD, MBA, OTR/L

Background and Proposal Process



website.

Capstone Activities for Project White Butterfly (PWB)

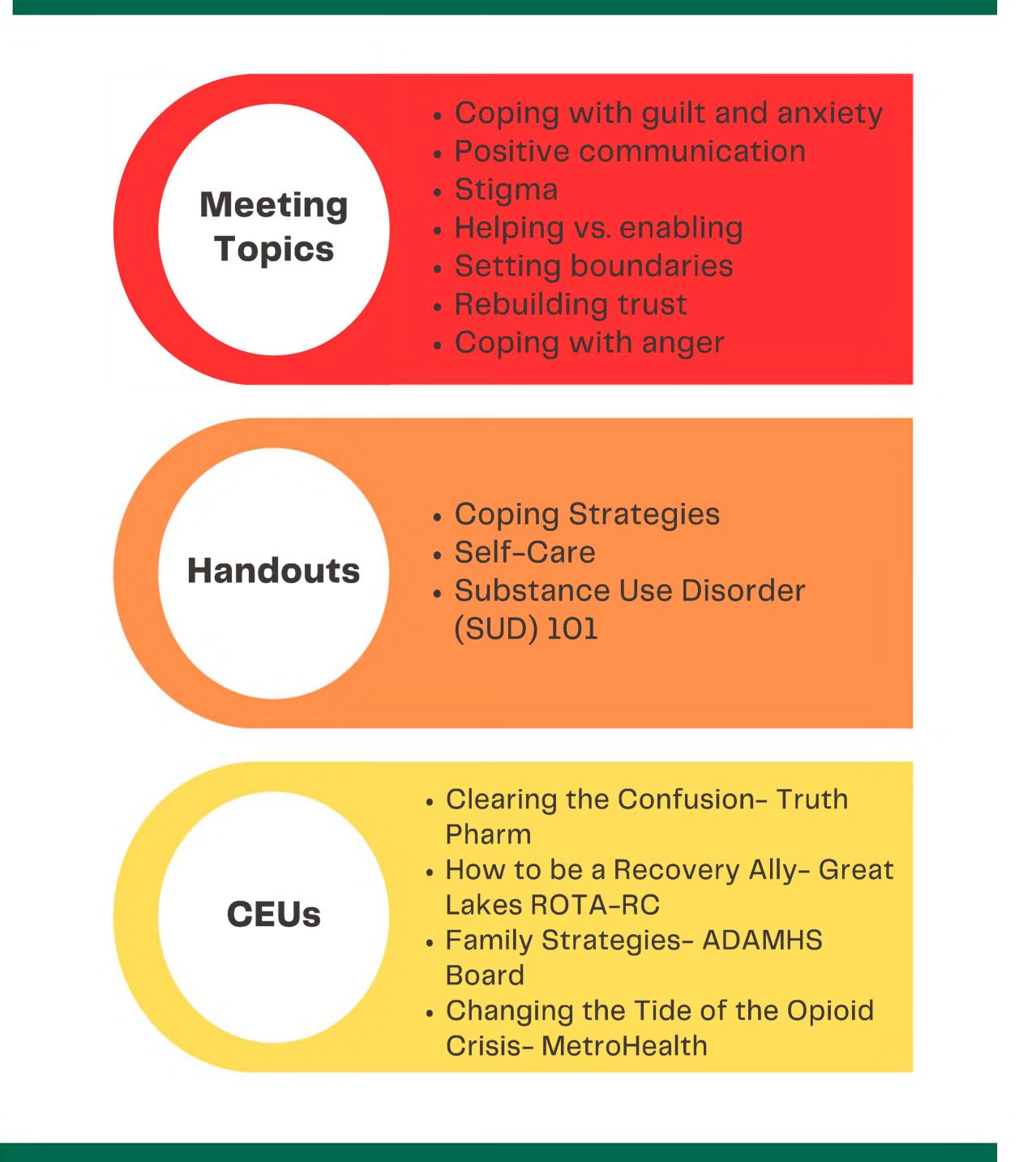
Handed out free narcan, fentanyl test strips, condoms, first aid supplies, and hygiene kits in areas identified by zip codes with higher rates of drug use/overdoses

> Conducted a needs assessment to gather information about the opioid epidemic and what is lacking within the medical field, as well as within the community amongst families being impacted

Created a replicable community safe space meeting with content surrounding substance use disorder families/friends while implementing the Trauma Informed Care (TIC) model

> Ran eight community safe space meetings in three different communities of Cuyahoga County

Meeting Topics, Handouts, and CEUs



Change, C. F.	Μ.
	(Se
Foote, J., Wilke	
	Ch
Smith, Chuck,	an
	No
	20
Vincenzes, K.	A.,
	Sys
	inc
	Ме
	<u>htt</u>

Thank you to the PWB Board of Directors and Thrive for Change members Bethany Roebuck, Ashley Rosser, and Patrick Bebie for providing resources and information that guided my capstone process and thank you to my cousin for helping me navigate the world of addiction with empathy and understanding.

Key References

A. (2016). The Parent's 20 Minute Guide *econd Edition*). Lulu.com.

s, C., & Carpenter, K. (n.d.). The Invitation to nange Approach. In CMC Foundation for Change. nd Jason Hunt. Understanding Addiction : Know Science, o Stigma. First edition. United States: Visualize Publishing,)21. Print.

McMahon, B., Lange, J., & Forziat-Pytel, K. (2018a). stemic issues in the opioid epidemic: Supporting the dividual, family, and community. International Journal of ental Health and Addiction, 17(5), 1214–1228. <u>tps://doi.org/10.1007/s11469-018-</u> 0041-3

Acknowledgements