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How Various Forms of Microaggressions Impact Identity Development

Ashley Guilford

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Recommended Citation

Guilford, Ashley, "How Various Forms of Microaggressions Impact Identity Development" (2019).
Undergraduate Research Poster 2019. 8.

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How various forms of microaggressions impact identity development

College of Sciences and Health Professions

Student Researchers: Ashley Guilford, Alexandra Piedra¹, and Emily Peterson¹

Faculty Advisor: Amy Przeworski¹

Abstract

Microaggressions a subtle form of racism that can be seen as insults towards a certain group. They include comments based on racial assumptions about criminality, intelligence, and even minimization or denial of the racialized experiences of people of color (Lewis, Mendenhall, Harwood, & Hunt, 2016). Microaggressions also occur based on other aspects of identity such as gender, disability, and sexual orientation (Lewis et. al., 2016). The purpose of this study is to understand members of marginalized groups experiences of microaggressions and how this may impact self-esteem, mental health, and body image satisfaction. The study will include an online survey which will ask about these experiences, as well as racial identity and body image satisfaction. Participants will also be asked for their demographic information.

¹*Department of Psychological Sciences, Case Western Reserve University*

**Supported by the McNair Scholars Program*