

2014

Great Lakes Regional Counseling Psychology Conference

Building Bridges within the World of Counseling Psychology and Beyond its Borders to Connect Diverse People, Communities, and Concerns: Benefits of Social Justice to All

April 11th and 12th, 2014
Cleveland State University
Cleveland, Ohio

It is with much excitement that we announce the 27th annual Great Lakes Regional Counseling Psychology Conference, co-sponsored by SAS. The Counseling Psychology Program at Cleveland State University is honored to host this wonderful event, which will take place on April 11th and 12th, 2014. The theme for this year's conference is *Building Bridges within the World of Counseling Psychology and Beyond its Borders to Connect Diverse People, Communities, and Concerns: Benefits of Social Justice to All*.

The Great Lakes Regional Counseling Psychology conference has played a unique role in the history of counseling psychology. Through the commendable initiatives proposed by Jim Hurst, Division 17 President-Elect in 1987, the Great Lakes Regional Counseling Psychology Conference commenced and it remains the only continuing regional conference in the nation.

Cleveland State University will be the tenth university to host The Great Lakes Regional Counseling Psychology Conference since its beginning in 1988. Over almost three decades, many students have enjoyed the benefits obtained through presentations, networking, receiving invaluable mentorship at the conference. As such, The Great Lakes Regional Counseling Psychology Conference continues to uphold one of the main pillars of regional conferences, which entails the socialization and mentorship of students into the profession. In addition, the Great Lakes Regional Counseling Psychology Conference offers a safe and friendly space where current local, state and Midwest regional issues affecting the field can be openly discussed. This year's deadline for submission of proposals for symposia, posters and roundtable discussions are due by **January 21st, 2014**.

The call for proposals includes three types of programs: (1) symposia, (2) poster presentations, and (3) roundtable discussions. Although proposals related to this year's conference theme are encouraged, proposals that are related to other issues within counseling psychology are also welcome.

Formats

- **Symposia (50 minute sessions):** A symposium typically has several presenters speaking on a general theme. Individual presentations can be based on empirical data or theoretical work. Typically, symposia begin with a brief introduction by a chair, which is subsequently followed by multiple presentations related to the common topic. The conclusion of symposia often involves closing remarks by a discussant or a brief dialogue between the participants and the audience.
- **Poster Sessions (50 minutes):** Posters should give an overall description of completed research or research in progress. Posters should highlight key information related to the rationale, method, analysis, results, and discussion. Poster sessions offer an ideal format for presenters to receive feedback on their research ideas.
- **Roundtable Discussions (50 minutes):** Roundtable discussions serve as a wonderful opportunity for facilitators and participants to dialogue about a particular area of interest. A roundtable discussion session allows for more discussion than is typical in other conference formats.

Instructions for Submission

1. Proposals are to be submitted online at:
<http://engagedscholarship.csuohio.edu/greatlakes/>
2. As programs will be blind reviewed, please refrain from including any identifying information in the program description.
3. Provide a program description in the following formats:
 - a. For **symposia**, provide the title of the symposium, a 300-word general summary of the symposium, and a 300-word summary of each presentation in the symposium. Each presentation summary should include a title specific to that individual presentation.
 - b. For **roundtable discussions**, provide a 250-word summary of the relevant issues in this area and the plan for discussion.
 - c. For **poster presentations**, provide a summary (500-word maximum) of the study, including: rationale, method, data analysis, results, and discussion. For research proposals and research in progress, provide the rationale, method, anticipated results, and the anticipated date of completion.
4. Complete the **proposal abstract**, which will appear in the conference program, if proposal is accepted.
5. Submission of a proposal expresses a commitment by the presenter(s) to register for and attend the conference to present the proposed program, if the proposal is accepted.
6. Maximum of two submissions per person will be accepted.
7. Proposals are due by **11:59PM on January 21, 2014**. However, we encourage early submission.

Thank you. The Program Committee looks forward to receiving proposals at greatlakesconference2014@gmail.com.

If you have any questions, please do not hesitate to contact the Conference Coordinator, Dr. Justin Perry (j.c.perry96@csuohio.edu) or the student Co-Chairs, Brittan Davis and Sneha Pitre (greatlakesconference2014@gmail.com).

2014
Great Lakes Regional Counseling Psychology Conference
Proposal Cover Sheet

*Building Bridges within the World of Counseling Psychology and
Beyond its Borders to Connect Diverse People, Communities, and Concerns: Benefits of
Social Justice to All*

Title of Proposal (12 word maximum): Applying Schlossberg's Transition Theory to at-risk college students in the context of career counseling

Type of Presentation (Check one):

Symposium

Poster Session

Roundtable

Presenter Information:

(If your proposal has more presenters than available, please provide the necessary information for additional presenters on a separate sheet of paper)

Primary Author:* Adam R. Osborne, MA

Degree: Counselor Education and Supervision Doctoral Student

Institution/Organization: Western Michigan University

Address: 4211 Beechmount Ave

City/State/Zip: Portage, MI 49024

Primary Phone: (989) 400-0207

Email address: adam.r.osborne@wmich.edu

Fax Number: (269) 387-5090

*** If proposing a symposium, please list symposium chair and discussant**

Symposium Chair:

Degree: Institution/Organization:

If proposing a symposium, please provide title of presentation:

Symposium Discussant:

Degree: Institution/Organization:

If proposing a symposium, please provide title of presentation:

Co-Author Name: Shaakira Jones, MA

Degree: Counseling Psychology Doctoral Student Institution/Organization: Western Michigan University

If proposing a symposium, please provide title of presentation:

Co-Author Name: Mark St. Martin

Degree: Ph.D. Institution/Organization: Western Michigan University

If proposing a symposium, please provide title of presentation:

Co-Author Name: Glinda Rawls

Degree: Ph.D. Institution/Organization: Western Michigan University

If proposing a symposium, please provide title of presentation:

Co-Author Name: Mary L. Anderson

Degree: Ph.D. Institution/Organization: Western Michigan University

If proposing a symposium, please provide title of presentation:

Equipment needed: (Please check)

PowerPoint Data Projector

Other:

2014
Great Lakes Regional Counseling Psychology Conference

Proposal Abstract

*Building Bridges within the World of Counseling Psychology and
Beyond its Borders to Connect Diverse People, Communities, and Concerns: Benefits of
Social Justice to All*

Title: (12 word maximum): Implications for career counseling using Schlossberg's Transition Theory with at-risk college students

Type of Presentation (Check one):

Symposium

Poster Presentation

Roundtable Discussion

Abstract: Provide an abstract (50-word maximum) for the proposed presentation.

This roundtable will explain the basic tenets of Schlossberg's Transition Theory, as well as its applicability and utility in working with at-risk college students. Case examples will be used to generate discussion on the theory's use in this context as well as to facilitate conversation on further research and application.

Proposal Summary: Provide program description (refer to instructions for more information regarding requirements).

One of the main tasks in career counseling is to identify barriers, or career blocks, which are psychological, physiological, environmental, or interpersonal obstacles that prevent clients from making informed, meaningful career decisions. When academically at-risk college students seek out career counseling, they are most frequently in the middle of a difficult vocational transition that is related to their educational path. A theory of adult transitions exists called the Schlossberg Transition Theory, which provides a parsimonious and practical format for conceptualizing and counseling this population.

While Schlossberg's theory is not as well-known as traditional career counseling theories, it offers a means of quickly assessing a client's situation, identifying key elements that are hindering successful transitions, and still allows room for the use of vocational assessments and traditional counseling techniques within the bounds of often brief counseling relationships. The purpose of this presentation is to show and discuss the utility of this model in career counseling, and its potential to be a bridge to reach clients, and more specifically, at-risk college students.

The plan for the discussion will begin with a didactic portion to explain the theory, and the context in which it has been used. Next, a case example will be presented to illustrate the practical application of the theory which will include a template for how to use the theory in career counseling case conceptualization. Finally, semi-structured discussion questions will be used to elicit feedback and dialogue, as well as to generate ideas for future research.