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What’s brewing this week

Welcome, Delta Zeta
Formerly known as Chi Delta Epsilon, CSU’s Delta Zeta sorority chapter became officially chartered in a ceremony Sunday, Nov. 8. P5

CSU running club
The Cleveland State Running Club has grown in size and scope since its founding in January 2014. P7

Diversity fashion show
CSU’s Campus Activity Board hosted a “Walk the World” fashion show, featuring clothing from around the world, Thursday, Nov. 12. P10

<table>
<thead>
<tr>
<th>Staff</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Editor-in-Chief</strong></td>
</tr>
<tr>
<td><strong>Managing Editor</strong></td>
</tr>
<tr>
<td><strong>News Editor</strong></td>
</tr>
<tr>
<td><strong>Arts &amp; Entertainment Editor</strong></td>
</tr>
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<td><strong>Sports Editor</strong></td>
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<td><strong>Opinion Editor</strong></td>
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<td><strong>Cover Designer</strong></td>
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<td><strong>Web Editor</strong></td>
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<td><strong>Advertising Manager</strong></td>
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<tr>
<td><strong>Business Manager</strong></td>
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<td><strong>Student Media &amp; Web Specialist</strong></td>
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<tr>
<td><strong>Faculty Advisor</strong></td>
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<td><strong>Distribution</strong></td>
</tr>
<tr>
<td><strong>Staff Writers &amp; Photographers</strong></td>
</tr>
</tbody>
</table>

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<table>
<thead>
<tr>
<th>Weekly Calendar</th>
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</thead>
<tbody>
<tr>
<td><strong>Nov. 17</strong></td>
</tr>
<tr>
<td><strong>Tues</strong> Nov. 17</td>
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Want your event featured on our calendar? Send the event name, date, time and location to cauldroneditors@gmail.com. Submission deadline is every Saturday prior to the event by 5 p.m.
CSU offers 'safe place' for students

LGBTQIA community welcomed to judgment-free support hour

By Cammie Collins

Cleveland State University offers a Lesbian, Gay, Bisexual, Transgender, Questioning, Intersex and Ally (LGBTQIA) Support Hour every Tuesday from 2:45 p.m. to 3:45 p.m.

The meeting is located in Room 220 of the Union Building (1836 Euclid Ave.) and is open to anyone, including walk-in participants and those who feel they need a safe, inclusive and judgment-free environment.

The gap between acceptance and intolerance became thinner after 2015 became a groundbreaking year for the LGBTQIA community. Same-sex marriage was nationally legalized on June 26 and transgender people have been given the visibility in the media they’ve long awaited.

Unfortunately, this does not mean some aren’t still struggling, according to the media they've long awaited.

Unfortunately, this does not mean some aren't still struggling, according to the media they’ve long awaited.

He also stressed the importance of being supportive and encouraging to each other.

"When I first came out as transgender, I had no one like me in my life and [the group] introduced me to similar people, which was great."

Demi Overly, a Studio Art major and freshman at CSU, has found the support group to be helpful.

“I highly recommend the group for anyone struggling with their sexuality or identity, or just those who want to give support to others,” Overly said. “I’ve met a bunch of really awesome people in the LGBTQIA community, and it’s nice to have that support when it’s needed.”

Oftentimes students find themselves feeling like an outcast with nowhere to turn for support. But once students join the group, they find acceptance, according to Overly.

Despite many transgender people climbing their way to the top and promoting tolerance, including Emmy-nominated “Orange is the New Black” actress Laverne Cox and MSNBC host Janet Mock, countless people on the transgender spectrum still face higher rates of discrimination, suicide and depression than the rest of the LGBT+ community.

Dallas Turner, a sophomore Linguistics major, was relieved to find others like herself in the support group.

“When I first came out as transgender, I had no one like me in my life, and it introduced me to similar people, which was great,” Turner said “[The] group has definitely helped me immensely.”

Not everyone attending the support hour identifies as lesbian, gay, bisexual or transgender. Many people simply go to show their support for the community.

TJ Hayes is a junior Theater major and also an ally.

“I heard about the group via a flyer when I was a freshman,” Hayes said. “The support group has helped me significantly. It helped me see the world through a different perspective.”

The history of the LGBTQIA Student Support Hour spans over 30 years. Pastor Don King was serving as the Lutheran Campus Pastor at CSU during the mid-1980s, and realized the campus needed to offer programs for all of its students.

“I began my work in 1985 and couldn’t help but notice that there was no activity for gay and lesbian people on campus,” King said. “Through discussions with the Counseling Center, I decided to try and offer a Gay Men’s Support Group.”

The Gay Men’s Support Group began in Fall of 1987. Topics discussed ranged from coming out, AIDS, the Cleveland area gay and lesbian scene and safer sex.

“By 1995, the Gay Men’s Support Group had morphed into GLASA, a co-ed Gay-Lesbian Student Association,” added King. “We continued with a weekly discussion format, but the focus leaned toward making a political change at CSU.”

Today, GLASA is still an organization at CSU that promotes an accepting and safe community on and off campus, while the LGBTQIA Support Group fulfills King’s original mission of facilitating discussion on a variety of related topics.

After noticing how much the support group has changed and progressed over time, King reflected on his years spent working toward a more inclusive CSU.

"The support group has helped me significantly. It helped me see the world through a different perspective."

“I feel very fortunate to have been around in those years,” King said. “I still see some of the great students who were a part of all of this, and it’s gratifying to know that its offshoot is still making change in people's lives and college policy all these years later.”

Today, King serves as pastor of Hope Lutheran Church, a Reconciling in Christ congregation located in Cleveland Heights.

The support hour has been a huge success since King started it all those years ago and usually sees between ten and 20 attendees each week.

For more information about the LGBTQIA Student Support Hour, please contact Dr. Bruce Menapace by phone at (216)687-2277 or by email at b.menapace@csuohio.edu.

"I highly recommend the group for anyone struggling with their sexuality or identity."
CSU recognized as 'military friendly school'

By Dan McCarthy

Once again, Cleveland State University was recognized as a “military friendly school” by Victory Media’s Guide to Military Friendly Schools. This marks the seventh year in a row CSU earned the honor.

Furthermore, the publications Army Times, Navy Times, Air Force Times and Marine Corps Times ranked Cleveland State 120th in their 600-plus-school 2016 “Best for Vets: Colleges” rankings, according to a university press release.

CSU is home to the Veteran Student Success Program, which aims to aid student veterans navigating their college careers. Services include counseling for veterans using their GI Bill entitlements — federal benefits that help to pay for service members’ tuition costs.

Since World War II, the US Congress has passed several pieces of legislation — known as GI Bills — in order to assist members of the military financially as they return to civilian life.

Since that time, service members have used these benefits in order to pay for higher education or to finance home mortgages.

During the Vietnam War era, GI Bills like the Montgomery GI Bill became less generous, forcing veterans to contribute to the cost of their education.

More recently, however, President George W. Bush signed the Post 9/11 Veteran Educational Assistance Act of 2008. Commonly referred to as “the new GI Bill,” this piece of legislation went into effect in August 2009.

The hallmark of the new GI Bill is full compensation afforded to veterans for the cost of tuition at four-year public universities like CSU. Veterans can qualify to receive these full benefits after three years of active-duty service post Sept. 11, 2001.

According to the Department of Veteran Affairs, there were 866,000 veterans living in the state of Ohio in 2014 — more than one in 12 residents of Ohio were veterans.

Pat Mahoney, a junior Political Science major and army veteran, laughed when asked about how many veterans come from Ohio.

“There’s a joke in the infantry, that everyone comes from Ohio,” Mahoney said.

Mahoney, a Cuyahoga County native, saw deployment to Afghanistan during his time in the Marine Corps and now is a part of the GI Bill.

“You’d be crazy not to take advantage of the GI Bill,” Mahoney said.

According to CSU, over 570 veterans are enrolled at the university.

Not every institution, however, is viewed as giving veterans quality outcomes in terms of educational quality and employment prospects after graduation.

In 2012, President Obama issued Executive Order #13607, called Establishing Principles of Excellence for Education Institutions Serving Service Members. The order was seen as a response to for-profit college industry’s questionable recruitment tactics and remarkably poor graduate outcomes.

Veterans’ organizations like the American Legion noted that these institutions are largely focused on profit colleges employing predatory recruitment practices, and released a statement on the Executive Order:

In short, the Executive Order is designed to combat unscrupulous practices used by schools to gain access to the military/veteran education benefits. It protects the full range of military/veteran education benefits programs... Its provisions focus on ensuring students have the proper information, support and protections they need to make informed decisions about their educational options.

Indeed, CSU implemented policies to comply with the president’s 2012 order.

As a non-profit, public university CSU maintains its value to veterans seeking secondary education.

Engagement Project showcases CSU partnerships

By Megan Sheldon

Cleveland State University's 'Engaged Learning' slogan dictates almost every aspect of student life at CSU, and the new Cleveland Engagement Project (CEP) is no exception.

CEP is a website designed to showcase the various ways students and faculty at CSU partner with external organizations in Cleveland and Northeast Ohio. The partnerships create a mutually beneficial exchange of resources and knowledge while contributing to students' learning experiences and academic scholarships.

Created last year in conjunction with CSU's 50th Anniversary, CEP is managed by the Office of Civic Engagement. Dr. Bryon P. White, vice president of University Engagement and chief diversity officer created CEP.

CSU’s Civic Engagement created a framework to highlight the impact of students efforts called the Five C’s: Connect, Cooperate, Collaborate, Consult and Career. Each C has its own level of impact and reciprocity, according to CEP’s website.

Connect refers to one-time volunteer and service experiences. Consult is an agreement between an expert and a client to reach a mutual end goal.

Cooperate is created from short-term partnerships that focus on a single project. Collaborate refers to long-term goals with a specific impact as the outcome.

Career encases internships, co-ops, field placements and professional experiences where the goal is mutual and pre-defined.

Among CEP’s popular engagements are Trading Knowledge with China, Cleveland Arts Education Consortium, Bioethics in Cleveland and Careers in Health and Medical Professions (CHAMPS).

Dr. Robert Ferguson, a professor of Science Education at CSU, created CHAMPS — one of CEP’s first 50 partnerships.

The two-week summer program is for students in Cleveland and the surrounding suburbs to receive introductions to careers in health and medicine.

According to Ferguson, CHAMPS students are encouraged to use higher-level thinking and problem solving. Students watch surgeries, visit cadaver labs, practice nursing skills and visit medical colleges.

Dr. Ferguson said many of the students will be first-generation college students. CHAMPS candidates are encouraged to seek high-skill and high-wage jobs in the health professions and to return to the Northeast Ohio region.

To look further into the Engagement Project, visit http://www.cle-engage.com/
By Elissa Tennant

Say goodbye to Chi Delta Epsilon, Cleveland State University. The new Founding Mothers of the Pi Phi chapter of Delta Zeta at CSU have just gone national.

Though that may sound like gibberish to some, Delta Zeta president Samantha Hoyt, a junior Secondary English Education major, knows the system inside and out.

She joined Delta Zeta in 2013 when it was still Chi Delta Epsilon. She is now president of the organization and recently helped lead the chapter through their transition into a national sorority.

Hoyt explained the process in an e-mail interview. Chi Delta Epsilon was 25 members strong when she joined, but there were no other Chi Delta Epsilons in the world, and the sorority decided it would be best to transition into a national sorority to expand its network.

According to Hoyt, there are two ways for a sorority to go national. They can colonize, where members attend other schools and start chapters there, or they can be absorbed, where they join up with an already-established national sorority.

"Deciding to colonize Chi Delta Epsilon would have been very difficult as our members would have had to travel to different schools and start from scratch," Hoyt said. "Being absorbed was a much more realistic goal."

Chi Delta Epsilon put their name into the national community in search of an established sorority that would absorb them and that shared their values of friendship, service and scholarship. Hoyt said she went through multiple meetings and votes before making a decision with her sisters.

"We came to the conclusion that the best fit for us was the Delta Zeta Sorority," she said. "Our values matched, they wanted to raise our GPA, we enjoyed their philanthropy and they could not wait to welcome our diversity into their beautiful mosaic of women."

In May 2015, Chi Delta Epsilon members were officially initiated as Delta Zeta sisters. On Nov. 8, the ladies were chartered and installed in a ceremony where the Pi Phi chapter of Delta Zeta at CSU became a reality.

Hoyt said the charter will help their chapter by expanding both their network and their resources. Delta Zeta is still new to CSU, and they’re working with educational leadership consultants in Cleveland to get their chapter up and running.

According to Hoyt, the chapter wants to be completely self-sustaining in the near future.

Aside from a national impact, Hoyt is also hoping the new charter will have a more local impact at CSU.

"We [Delta Zeta] want to motivate individuals to be involved in their school environments and in their communities," she said. "We want to make a difference."
Men's soccer season ends in OT
Vikings lose in second round of tournament 1-0 against Oakland

By Matthew Johns

The first round of the Horizon League men's soccer tournament Nov. 9 at Krenzler Field took two overtimes, but Cleveland State University was able to secure a win over the University of Detroit Mercy on a goal in the 105th minute.

The game showed strong defense as the two teams traded possessions on and off throughout the game — none of which resulted in a goal.

A physical first half saw three CSU injuries. Just over two minutes into the game, sophomore forward Kareem Banton went down after a hard play by a Detroit defender. Banton left the game and did not return.

Freshman midfielder Gianluca Difranco also got knocked down with a shin injury but stayed in the game. A few minutes later, sophomore midfielder and forward Hesham Hammouda went down and left the game, but would return a short time later.

CSU head coach Ali Kazemaini said these injuries prevented the Vikings from getting into a rhythm in the beginning of the game.

"We picked up a couple injuries to a couple starters early on that hurt our rotation a little bit and that took some getting used to," he said.

CSU's defense held fast throughout the game, only allowing Detroit one shot on goal.

Junior forward Sergio Manesio and junior goalkeeper and Defensive Player of the Week Aleksander Drobac led the cause. Kazemaini was the first to praise their efforts.

"Manesio is a big part of it," he said. "Our communication has been flawless, and the defensive unit has been together and on the same page for a number of games now."

Earlier this season, Manesio was moved into the backfield after a rough start for the CSU defense. This move proved wise as CSU's defense has been a large part of their successes this season.

Kazemaini spoke highly of the team leadership. Just ten of CSU's 31 men's soccer players are upperclassmen, which called for a strong sense of focus and experience.

"[The leadership is] very crucial," Kazemaini said. "Guys that have been around know how to weather the storm throughout the game and make sure that if we're bending, we don't break."

CSU took 15 total shots on goal on the night, 13 of which came in the first half. Two diving saves by Detroit's goalie prevented CSU from jumping out in front.

"Everything was working, and we just kept pressing and we were finally able to break through," Kazemaini said.

In the second overtime, sophomore defender Jake Lagania broke open down field and passed the ball to Hammouda, who laced a goal from just outside the box.

The team rushed onto the field to celebrate, mobbing Hammouda. This was the first time all night the players didn't have to control their emotions.

"For teams like us, [controlled emotions] are very important," Kazemaini said. "We like to control the tempo, so making sure we're not overly excited is huge."

The team was certainly tired after more than 105 minutes of play on Monday night. But they advanced to play Oakland University in the semifinal round Thursday, Nov. 12 in Chicago. It was a rematch of last year's matchup in which CSU lost 2-1.

On Thursday night, CSU fell to Oakland in the Horizon League semifinals by a score of 1-0 in overtime. Oakland scored in the 97th minute to seal the victory.

Coach Kazemaini couldn't complain about his team's performance. They played hard and remained focused throughout the long evening. But Kazemaini did have a recommendation for the league after the game on Monday.

"It would be great if the Horizon League could find a way to spread these games out a little bit," he said. "If you end up winning the thing, you'll play five games in ten days."

The Vikings finished their season with a record of 9-8-2 and four athletes on all-Horizon League teams.
CSU running club in full stride

When senior Pre-Physical Therapy major David Ryland helped found the Cleveland State Running Club in January of 2014, he knew it was not going to be an easy task. But two years later, the club has 12 active members and seems to be growing every day. “I feel like we are getting a lot more dedicated members,” Ryland said. “Now we actually have members who want to get faster and want to get stronger and really work towards bettering themselves.”

Ryland helped create the club because there was a lack of running on campus. With only a women’s cross country team at CSU, the racing scene was very barren.

This dilemma meant high school runners like Ryland had nowhere to turn. He said this usually discourages people from running at all. “For those who began running, it’s hard to keep on running,” he said. “It’s easy to run with a community.”

Eva Szabados, a senior Pre-Physical Therapy major, runs with the team even though they can’t officially run as a team on the women’s side of the club. The guys compete as a full, five-person team, but the women only have three full-time members. Szabados said the running is just more individual.

A $50 fee gets a member gear along with entry into three separate races each year. The team participates in two cross country meets in the fall — such as the National Intercollegiate Running Club Association Cross Country Championship appearance Saturday, Nov. 14 in Lexington, Ky. — and one track event in the spring.

The club meets every Tuesday and Thursday night, but official practices are optional. They run anywhere from three to seven miles each practice.

This amount may seem like a lot to an outsider, but Szabados knows it is not just about running. “You have to make it more about the community than more about the actual club,” she said. “We’ve done some things where we go do some speed work and then we go to Wendy’s. It’s doing things as a team.”

Ryland has learned this lesson over the last two years. He knows this social aspect has helped the club. Growth in membership has been tremendous since they started doing more than just running.

He knows everyone loves the food and camaraderie, but Ryland uses this to the club’s advantage. “You have to run to get to the social events,” he said. “That’s where we trick you.”

CSU hockey looks to adjust and grow

Cleveland State University may not have an official NCAA hockey team, but that doesn’t mean its students aren’t playing some great hockey.

CSU’s Club Hockey team is in the middle of their fourth year of operation, and the team is ecstatic to be a part of something still growing at the university.

Cody Orahoske, a senior Business Economics and Chemistry double major, plays forward with the team and is proud to be one of the club’s founders.

“I feel confident that when I leave it will still be around,” he said. “That’s my main objective.”

The club may survive, but this season has started off rocky.

A young goalie from Cincinnati and plenty of injuries have hindered the growth that Orahoske hoped to see this season. “We are still playing sloppy,” he said. “We aren’t clicking as a unit all the time.”

“Our objective this year was to go to nationals... but we might not be ready for that step.”

The injuries have been especially rough as the team is down to 17 athletes including their lone goalie, freshman Kyle Seaman.

“Right now we only have one goalie,” Orahoske said. “If he gets hurt, we’re screwed.”

The Viking have been outscored 50-37 this season, and Orahoske says this is not just the young goalie’s fault.

Orahoske believes the team needs to find a better game plan on the defensive side.

He also said the team has been offensively confused and disconnected with one another. One game someone scores three goals and the next they score none. Consistency seems to be the largest problem overall.

Orahoske also believes some of the losses have occurred because of the competition the team has faced this year compared to the previous seasons.

“Our objective this year was to go to nationals — but we scheduled more [Division II] schools this year,” he said. “We might not be ready for that step.”

He also noted they had tried to beef up the roster with some recruits, but the team is still mostly local students who played hockey in high school.

One exciting upcoming game for the Vikings will be on Feb. 19 when they take on the University of Akron at Quicken Loans Arena. Orahoske said the tickets will get students and fans into their game along with a Monsters game right after.

With a 3-6-1 record, the Vikings hope to win more in the second half of their season, and Orahoske said he is hopeful the team grows together.
Fun times in Cleveland
Touring the city on a college budget

By Gregory Kula

Although Cleveland may still be the butt of jokes in modern media (“Hastily Made Cleveland Tourism Video,” anyone?), the city has transformed itself into an arts, culture, food and entertainment capital.

Voted as a top destination in the New York Times “52 Places to Visit in 2015,” Cleveland does a lot more than just rock now, and Cleveland State University is lucky enough to be right in the middle of the growing city.

One of Cleveland’s biggest lures is its many peculiar neighborhoods but visiting all of them would take months or even years. To simplify the process, The Cauldron has compiled a list of discounted, free or must-see Cleveland destinations.

This list of five specific areas of Cleveland can be done in a week and will take you around the entire city. Take a date or a friend on this adventure after class, or pretend you’re better than Ferris Bueller and take the whole week off.

Day One: Gordon Square

Gordon Square Arts District is located about six miles east of the CSU campus on Detroit Avenue. A quick, 11-minute drive from CSU, Gordon Square has live theater, movies and plenty of good local food — like Gypsy Bean & Baking Co. located on the corner of Detroit and West 65th Street.

This coffee shop serves local favorites like “The World,” a hazelnut, almond and macadamia nut flavored drink, and “The Moscow,” a white chocolate and raspberry-flavored drink. Both reasonably priced and right in the middle of the district, it is a perfect beginning to your Cleveland “vacation.”

Inside the APL, visitors can play with cats in special rooms and interact with the rest of the animals.

The Capitol Theater sits a short walk across the street from the coffee shop. This Cleveland Cinemas movie theater shows both blockbuster and smaller movies. CSU students can receive a discounted $8.50 ticket every day, but the best deal is Monday when all regular tickets are $6.

If there aren’t any good movies showing, live community theater is just around the corner. Near West Theater recently finished their new building and offer shows for as low as $10. Near West performs a new show every few months, including “Scrooge! The Musical” this winter.

After a movie or show, it’s time for some Cleveland history mixed with sugar. Sweet Moses Soda Fountain & Treat Shop — named after the city’s founder, Moses Cleaveland — offers an old-time feel with their desserts, including milkshakes, malts, ice cream and phosphates — a tangy soda with crushed ice.

Almost everything is under $10 unless you are going to get the “Terminal Tower” — ten scoops of ice cream with basically every topping.

Altogether, one evening of entertainment and food in Gordon Square will cost under $30 per person if you stay on budget.

Day Two: Tremont

Tremont is located slightly west of downtown. It’s a great place to visit during the winter months and offers a more relaxing look at the city.

Start with the famous “A Christmas Story House” from the iconic film. This museum/monument to the movie — located on W. 11st Street — is restored perfectly to look like the main character Ralphie’s house and even holds many of the actual props used in the film. Entry into the house only costs $10 — $8 with a AAA card — and if you’re feeling adventurous, you can splurge on your very own leg lamp at the gift shop.

Down the street from the house sits something that isn’t unique to Cleveland but is still a great (and free) place for anyone to go — the Cleveland Animal Protective League (APL). The APL shelters all types of animals who have been abandoned and are looking for homes.

Inside the APL, visitors can play with cats in special rooms and interact with the rest of the animals. A completely calming few hours here showcases the gentler side of the city — and maybe you’ll leave with your very own cat or puppy.

To conclude your tour of Tremont, a trip to Barrio Tremont is in order. This restaurant offers chips, tacos and everything else Mexican. The quesos are one-of-a-kind and the tacos only cost $3 and fill you up after about two.

A full day of relaxation and movie magic in Tremont will only cost around $20.

Day Three: Ohio City

Located right across the Cuyahoga River from Downtown, Ohio City offers a look at Cleveland’s new restaurant and brewery scene mixed with Cleveland from the past century.

First stop at the famous West Side Market on W. 25th Street. Filled with over 100 different vendors, the market has anything from fresh fruit to mouth-watering crepes for under $6.

Even if you don’t want to buy anything, a quick look inside the building will amaze anyone as it condenses the hustle and bustle of the city into one place. Try to remember not to buy the first fruit or vegetable you see — find the best price and quality.

Close by is a little restaurant called Ohio City Burrito. A “Chipotle-like” burrito joint, it offers a more affordable look at Cleveland food. The burritos are only $6.45 and (unlike Chipotle) guac is free.

After a burrito, visit the quaint
little shops lining W. 25th Street. Don't miss Horizontal Books, where every book is at least 50 percent off.

This store, along with the many others, offer a small town feel in a big city.

A day across the river will only cost about $15 on food and with the myriad shops, you'll most likely be in Ohio City until sunset.

Day Four: University Circle

Day four of the Cleveland tour moves across the city to University Circle, near Case Western Reserve University, where we can get our inner artist on.

The Cleveland Museum of Art (CMA) showcases art from all over the world and is consistently ranked as one of the top ten art museums in the country. According to its website, the building holds over 30,000 pieces of artwork. CMA shows off art from ancient China all the way until the present day, but the best part is the admission cost — free.

CMA is too large to complete in a day, but a few hours in different galleries offers a satisfying taste of artwork from around the globe. Be sure to view the immense collection of armor and swords on the second floor.

This museum is also a great place for a bite to eat. Although it can get a tad pricey, the portions are huge. (The mac and cheese is always a fantastic treat for two.)

Avoid splurging with apps like SeatGeek, which currently has plenty of $10 Cavs tickets.

Right across the grass of Wade Oval, just a short distance from CMA, sits the Cleveland Natural History Museum. A Viking ID gets you in for only $10 to ogle the animal and geological displays.

The most exciting part is the planetarium where short nature and space shows are available for $5. People of all ages can be taken anywhere on the earth or in the universe in the completely immersive, spherical theater.

To conclude your artsy day, an independent or off-the-wall movie awaits just down the street at Cleveland Institute of Art's Cinematheque. The theater offers unique shows Thursday through Sunday for only $7 — with a student ID. Their schedule is different every week, and shows usually start around 7 p.m.

Also open starting Nov. 27 is the Rink at Wade Oval. Skating is only $1 with an ID, with an additional $2 for skate rentals if you don't bring your own. It's a very small rink but is still great for the end of a date night.

With the show and museums, day four's cost is around $30 on budget.

Day Five: Downtown

Any Cleveland tour would be incomplete without a visit to some of the largest landmarks in the Downtown area.

The Rock and Roll Hall of Fame and Museum offers $18 tickets for students, but if that's too pricey, skip it and start the morning with a simple walk past the Rock Hall down to the East Ninth Street Pier to watch the ships and planes pass by.

The Great Lakes Science Center sits a few hundred yards away, but tickets for that are also only slightly discounted at $14. Make it worth the money by spending $19 and about four hours in both the Science Center and the Steamship William G. Mather Maritime Museum just outside. The Mather is a gigantic ship with a great view of the city and Lake Erie. It's a perfect photo opportunity.

Any Cleveland trip should incorporate one of the major sports teams, which can be difficult on a college budget. Avoid splurging with apps like SeatGeek, which currently has plenty of $10 Cleveland Cavaliers tickets for sale.

If a sporting event isn't your cup of tea, Great Lakes Theater and PlayhouseSquare offer a range of discounts for students — like Great Lakes' $15 tickets and Playhouse's $10 Smartseats. But plan to buy early, because they sell out fast.

With a museum plus a show or game, the final day of this city tour will be the most expensive at around $40 including food.

Ending the trip and more

This tour — for just a little over $100 — highlights many of the must-see places in Cleveland without spending an enormous amount of money, but to see Cleveland completely, it would take much too long.

So go forth. Bring your Viking ID everywhere — you never know when someone will have a discount. And always be on the lookout for new restaurants and events because each neighborhood is still growing.

From old to new to peaceful to in-your-face, Cleveland offers a little bit of everything for every tourist, local or student.
Captured on campus: Diversity fashion show

CAB Event highlights clothing from cultures around the world

Photos by Francesca Gariano

Top Left: Members of the Hungarian Scout Folk Ensemble, a Cleveland organization invited specially for the event, model their traditional folk costumes at the "Walk the World" fashion show held by Campus Activities Board (CAB) in the Cleveland State University Student Center Ballroom Thursday, Nov. 12. All of the members of the dance group can read, write and speak Hungarian fluently.

Top Right: Lina Billings, a sophomore Speech and Hearing major and the Diversity chair of CAB, models attire from her Russian homeland, complete with a colorful flower crown. Billings has been responsible for all CAB-organized diversity events this semester.

Bottom Left: Louis Walee, a junior Political Science and Black Studies double major, shows off his matching, printed two-piece inspired by West African fashion.

Bottom Right: Kelly Miller (right), a Speech and Hearing major, and Dallas Turner, a sophomore Linguistics major, try their hand at homemade flower crowns.
'Halo 5' adds mishmosh of changes

By Mark Heller

Master Chief is back in the new installment of the "Halo" universe, "Halo 5: Guardians," released Oct. 27 from developer 343 Industries. 343 set out to raise the bar on the wildly successful "Halo" franchise, and they did just that — with a few drawbacks.

Right from the start, the further render distances and higher texture detail immerse you in the "Halo" universe while the game delivers an all new story, but there are two important changes to note.

First, "Halo 5" brings a new style of play to single-player mode with its team dynamic. In previous games, you fought alongside many artificial intelligence (AI) players. However, the new AI players can be directed to focus fire on specific enemies you highlight ahead of you.

They also have improved intelligence, allowing them to support you better throughout the game. This is a welcome change. Dealing with clunky, slow-moving AI is worse than having no teammates at all.

Second, "Halo 5" also adds an all-new multiplayer mode that includes the highly anticipated Warzone mode. Warzone is the largest multiplayer mode in the game with 12 versus 12 players — plus AI players — on both teams.

Teams can fight each other and the AI bosses that randomly spawn around the map to earn points. They can also fight to control the map and destroy their enemy's base. If a team gets 1,000 points or destroys the enemy's base, they win. Warzone has quickly become my favorite multiplayer mode in the "Halo" series.

Some of the game’s new features are great, but there are many changes that spawn from 343 forgetting their roots and what first made "Halo" so popular.

In favor of better graphics, "Halo 5" removed the split-screen, cooperative play feature, which allowed two players to play on the same console. Whether you were by yourself or with your friends, you could experience the same game. This was one of the best features of "Halo" and why it became so memorable — and now it’s gone.

The new additions to the game are definitely welcome changes if you are playing solo, but if you liked classic couch cooperative play then you should probably pass on this title.

Modern 'Peanuts Movie' enjoyable, timeless

By Roman Macharoni

I think everyone at some point has seen one of Charles Schulz’s "Peanuts" comic strips or watched the holiday specials. Now a new generation can enjoy these iconic characters like never before in "The Peanuts Movie" — released Nov. 6. Schulz would be proud to see his characters still as lovable and entertaining as they were so long ago.

Everyone’s favorite balding, chronically depressed blockhead, Charlie Brown (voiced by Noah Schnapp), is surprised when a new girl moves in across the street. He finds himself falling head over heels in love with this "Little Red-Haired Girl" as he tries everything he can to impress her.

With help from his best friend/dog, Snoopy, and a self-help book, Charlie learns how to improve himself and be comfortable in his own skin.

At the same time, Snoopy comes across an old typewriter and — inspired by his owner’s struggles with everyday life — crafts a story around Snoopy’s Flying Ace persona and his never-ending war with the Red Baron.

The children’s voice acting is spot-on when compared to the specials produced nearly 50 years ago. Hadley Belle Miller’s voice as Lucy in particular has a lot of life and energy.

All of the popular and loved characters of the comic strip are shown as well — Linus, Schroeder, Sally, Franklin, Marcie, Peppermint Patty and many more. Created by the animation innovators at Blue Sky studios ("Ice Age," "Rio"), the movie renders modern versions of all these characters.

The animation captures the iconic look and feel while also offering something new. The Flying Ace scenes in particular offer a unique way for the animators to thrust you into wonderfully whimsical environments and settings.

The only weak point of "The Peanuts Movie" is the plot. The story isn’t exactly "Citizen Kane" — but it doesn’t need to be. It’s simple, nostalgic and, most importantly, fun.

Overall, "The Peanuts Movie" is an enjoyable film for all ages. Kids are offered a great introduction to these timeless characters, and longtime fans will not be disappointed as this iteration has been treated with the love and respect the franchise deserves.
Album Reviews

By Johnny Cook

Beach Slang
"The Things We Do To Find People Who Feel Like Us"
Polyvinyl Records, Big Scary Monsters

Have you ever been to a party where it looked like everyone was having a blast but you weren't? Afterwards, you could never decide whether you were missing out on something or the party just wasn't fun.

That feeling reminds me of Beach Slang's full-length debut album, "The Things We Do To Find People Who Feel Like Us.

Released Oct. 30, almost every song includes some reference to slamming beers, turning the amps up to eleven or just trying to feel something good, righteous and honest. These are cool and good things! I should be having a good time, damn it, but for some reason I'm not.

At every turn, the album gives the sense that the music will kick your ass, and you should be drinking a six pack of some shit beer the whole way through. But unfortunately, the album isn't as cathartic as it wants to be.

There are some great moments on the record — "Bad Art & Weirdo Ideas" is a hell of a tune — but the highlights are tempered by the uniformity of the other songs.

The ballad in the middle of the album kills a lot of the momentum the first few songs generate, and then the record is over before you know it, running just under half an hour with only one song longer than three minutes.

Ellie Goulding
"Delirium"
Cherrytree/Interscope Records, POLYDOR

I don't want to call it a revival — it never went away — but pop music has been getting some serious critical attention lately. Artists like Taylor Swift, Carly Rae Jepsen, Lorde, Charli XCX and Lana Del Rey might have been written off as "commercially motivated" twenty years ago but are now getting lauded with compliments like "self-aware" and presented as masters of their craft.

This is a strange suggestion, as if pop stars have never had autonomy or knowledge of the genre conventions until now, which brings me to Ellie Goulding's third album, "Delirium," released Nov. 6.

This album is an attempt to appeal to the conventions of the genre in the same way that someone like Swift has (ironically or not) aimed to make the biggest, most "pop" song possible. Goulding actually said in an interview with NME that she wanted to make a "big pop album" — an echo of the idea that being pop means completely buying into the rules of the genre.

Well, Goulding buys in bigtime. She recruits some powerful producers and essentially goes for a maximalist version of what she's already been doing on previous albums. The results are fairly mixed and really rest on the strength of the individual producers.

Goulding's stalwart voice is strong throughout the album, but most songs are musically and lyrically not up to snuff. The first half of the album is pretty enjoyable and highlights the quality of Goulding's airy, ephemeral voice.

Musically, there are some killer riffs and great breakdowns, and it's really easy to get excited and caught up in them. However, the lyrics are distracting. The multitude of references to being young, alive or just feeling something wear thin fairly quickly.

It might be best to try not listening to the lyrics or to just take them at face value as meaningless words fitting that particular song. Rocking out to just the music is fun. Trying to get into the lyrics isn't.

It feels mean or wrong to lob any real criticism towards Beach Slang, though. This band is low-stakes, and this type of judgmental hand-wringing is exactly what they're giving the middle-finger to.

This isn't really "love it or hate it" music, but you'll either be gently bobbing your head or pumping your fist in the air. In either case, the album is worth checking out. Just because I'm not having a great time at the party doesn't mean you won't enjoy yourself.

Ellie Goulding
"Delirium"
Cherrytree/Interscope Records, POLYDOR

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Resting in the middle of thriving, multicultural Tremont lies one of the most authentic Creole restaurants I've ever experienced. With a friendly staff and an exemplary, lavish dining environment, the Bourbon Street Barrel Room serves up comfort food with a kick — fast, fresh and bursting with flavor.

The moment you walk in you are greeted with intimate torchlight, glimmering chandeliers and an expansive bar counter. It’s an absolutely beautiful restaurant with two floors of elegant, comfortable decor. The staff is cordial and offers great suggestions based on your taste and familiarity with Creole cuisine.

A great way to start your meal is with the hush puppies ($5.50), drizzled with their homemade Bistro sauce — similar to Hollandaise sauce — and served crispy on the outside while moist and tender on the inside. There’s also starter portions of their chicken and sausage gumbo ($5.50), oysters on the half shell (market price) and their Gulf Blue Crab Cakes ($12). There’s even alligator skewers ($9) and frog legs ($8.50 for 2 pairs) for the more adventurous diners.

The Barrel Room also has an affordable lunch special. For $10, they offer one of their signature Po Boy sub sandwiches with either a cup of gumbo or their soup of the day. It’s the perfect portion for a satisfying lunch.

The Po Boys served here are available with all kinds of meats, including the cochon de lait (barbequed pork; full order $11.50), spicy Andouille sausage (full order $9) and crispy oyster (full order $13). The pork is sweet and tangy, especially with the red onion citrus slaw topping. The Andouille sausage is a little dry but makes up for it with explosive flavor.

The Andouille sausage sandwich blends a lot of great flavors for a savory, spicy treat. It’s also topped with the slaw and served with honey mustard and great with a drizzle of Bistro sauce. The sausage or the pork Po Boy is definitely worth a try with some of their pomme frittes (fries).

To finish off, the restaurant offers an amazing crème brulee ($6) and Tia’s absolutely heavenly chocolate cheesecake ($7.50). Both are love at first bite and sizable enough to share — not that you’ll want to.

Overall, the Bourbon Street Barrel Room is different from your average eatery. It’s genuine Louisiana dining, from the beer shipped in from New Orleans to the authentic preparation of their tempting creations. Sporting an award-winning chef, it’s classy without the classy price. It’s a swingin’ place to bring your friends and enjoy some food that will fill your stomach and your soul.
'War on Christmas' over a Starbucks cup?
Why holiday decor shouldn’t be deemed controversial

By Sara Liptak

First off, let’s be clear. It isn’t even Thanksgiving yet! Can’t we just eat our turkey and ham before criticizing the way a paper coffee cup looks and the so-called “message” it’s portraying?

Starbucks — the billion-dollar chain that serves society’s caffeine cravings on an almost 24-hour basis — revealed its latest holiday cup during the first weekend of November, featuring only their logo and the color red. GASP!

Unlike previous years when the company used snowflakes, jingle bells, snowmen, ornaments, doves, reindeer, pine trees — you get the idea — they decided to make it “a blank canvas for customers to tell their Christmas stories in their own way,” according to what Starbucks told CNNMoney on Nov. 8.

What’s wrong with this statement? Nothing.

It’s a cup that will be recycled or thrown away. Either way, it’s causing controversy in the nation and honestly, I think some people are taking it too far.

Because one man, former pastor Joshua Feuerstein, posted a video on social media saying he thinks Starbucks is creating a “War on Christmas” because they took Christ and Christmas off of the cups, the entire situation blew up on social media, local and national news channels and made me agitated.

The way he went about voicing his opinion is fine.

But this has gotten out of control, and it hasn’t even been a full two weeks since the video was posted — let alone since Starbucks revealed its new coffee cups.

If the company had released a statement before the red cups were handed out to billions of consumers and said something along the lines of “We’re not having anything Christmas-related on our cups because we are anti-Christmas and don’t believe in Jesus,” then sure, stir up some controversy about the company. But they didn’t say anything remotely related to that.

The cups have nothing on them except the Starbucks logo, so how can someone even be offended by absolutely nothing?

I’m all for people standing up for what they believe in, but if a coffee cup is going to define the way you feel about Christmas, then you need to get your priorities straight.

Have you been inside a Starbucks since they revealed their new cups?

At the register; there are a bunch of gift cards, a few holiday CDs and even some wrapped-up treats, all which have Christmas-associated themes on them.

This company is not bashing Christianity by any means.

I think Ellen DeGeneres said it best on her show Tuesday, Nov. 10.

“People are mad about this cup because they’re saying Starbucks is being anti-Christmas. The old cups had snowflakes and Santa’s sleigh and elves, you know, all the things you find in the Bible,” she said, giggling with the audience’s reaction. “Now, they’re just red. And just look at this cup, you might as well call it a Satan-sipper.”

I’m going to continue to enjoy my Venti Pike Place Roast coffee with soy and two packets of cane sugar at Starbucks, and remember that my personal religious beliefs will remain the same regardless of what a cup looks like.

Merry almost Christmas!

World Health Organization report isn't hogwash
Think twice about consuming processed, red meats

By Abe Kurp

This October, the World Health Organization (WHO) definitively linked eating red meat and processed meats — like hot dogs, ham and lunch meat — to an increased risk for colorectal cancer, which consistently ranks in the top three deadliest cancers.

The truth is that the WHO report told us nothing new.

The idea that processed and red meats are linked to cancer has been around for at least 30 years. The WHO report simply gathered and analyzed the data of more than 800 previous studies on the topic.

But, for some reason, the news really shook me.

Since I heard about the report, I’ve been trying to change my lifestyle, mainly by cutting back on the amount of meat I eat — particularly processed and red meat — and I think you should consider doing that, too.

I’m 26, and I’ve eaten meat just about every day of my life.

It’s on every menu — the centerpiece of almost every meal. And in my house, if we’re going to have a meatless Thanksgiving then we might as well invite Hitler over to carve the Tofurkey.

So I understand the utter heresy of the simple statement, “maybe we shouldn’t eat so much meat.”

For most people, the hierarchy of best-feelings-ever goes something like this: wedding day, sight of first-born child, biting into an expensive steak for the first time.

The love of meat is engrained in both our culture and our DNA. So no, I don’t see myself ever completely giving up on the amazing flavors of a steak or hamburger. I probably won’t be joining any vegetarian clubs either.

But when I’m completely honest with myself, I could probably live without ever eating another hot dog or McDonald’s hamburger.

 Couldn’t you?

As a kid, I’d gobble up that junk indiscriminately. Now I take a second look before I eat it.

“Exactly what part of a pig, cow or chicken is perfectly round and light pinkish brown?” I sometimes ask my hot dog. One day, I wouldn’t be surprised if it responded.

I ask myself, “Who needs ’em? Who needs these reconstituted logs of fat and salt?”

I’m sure many of you have asked yourselves something similar.

Even if you’re with the meat industry on this, and think the WHO report is just a load of hogwash, you at least have to admit processed meats aren’t exactly healthy for you.

Many of them aren’t delicious either.

So why not try it? Will your life really be any worse — even slightly — if you eat one fewer hot dog a week than usual?

And isn’t Meatless Monday — a once-a-week abstaining from meaty goodness — the perfect opportunity to try out something new?

Don’t ask your meat-loving friends or family. Don’t ask the meat industry. Don’t ask anybody.

Just try it! You’ll be glad you did.

Abe Kurp is a senior Middle Childhood Education major at CSU and Managing editor for The Cauldron.
In 2015, you would never expect to see a truck riding around a college campus filled with students yelling "White Power." You would not expect to see a Swastika painted with feces on a college dormitory. You would not expect threats of shooting all black people to be made on social media websites. But all that and more has happened within the last three months at the University of Missouri.

Since the beginning of the Fall semester, black students have been under attack. Racial slurs have been said to their faces. Even while celebrating Homecoming in October, a student walked on stage and publicly yelled racial slurs to black students.

All the while, the administration — including the president of the university — have done nothing to stop these acts. When confronted about racist incidents on campus, former president Tim Wolfe brushed off a group of black students, leaving them and other students feeling their concerns did not matter.

In turn, they decided to form a group called Concerned Student 1950 to begin addressing these issues. One student, Jonathon Butler, was so fed up with the occurrences on campus he decided to go on a hunger strike.

On Nov. 2, Butler began his hunger strike, declaring he would not eat anything until Wolfe stepped down from his position.

Once Butler began to get attention, black students on the football team joined in.

The University of Missouri’s football team said they would not practice or play another game until the president resigned. They were scheduled to play Brigham Young University and if they forfeited, the school would have to pay Brigham Young $1 million dollars.

Wolfe stepped down, not because a young student was willing to risk his life for the protection and respect of his people, but because the university did not want to pay another school that much money.

People like to say racism is over, yet black students continuously live in fear while trying to get an education and succeed in life.

Black people are not equally represented at academic institutions, which was one of the concerns Concerned Student 1950 raised.

There are fewer and fewer black professors at universities all across the country.

Is this because fewer black people are going into the field? No, it’s because of institutional racism withholding black people from jobs they are well suited for.

This year has been a tumultuous one with many instances of police shootings of unarmed black people, attacks of policemen against young black children and now racial discrimination on college campuses.

It is almost 2016, and it’s time for a new start. It’s time for people to stop saying racism does not exist and begin addressing the issue at hand, because racism DOES exist.

Lisa Hammond is a senior Journalism & Promotional Communication major at CSU.

Love is a spectrum, not a dichotomy

More than a secondhand emotion from teenage years

By Elisabeth Weems

“You’re too young to know what love is.” We hear this from adults who denied the legitimacy of our high school relationships.

Those dogmatic adults were wrong. No one is too young to know what love is, because it is engrained in our biological makeup.

Our mere existence is the result of the love between two human beings — even if it was temporary, one-sided or hopeless.

During the most confusing and formative years of our lives, fleeting high school romances taught us important lessons and allowed us to grow with another misguided being.

There is a certain kind of love teenagers experience that allows them to be vulnerable, disinhibited and naïve.

Young love is an unripe form of affection, but it’s also just as serious for teenagers as it is for adults.

All human beings crave connection and understanding from others. Our emotions are valid from birth — regardless of how well we understand or rationalize them.

Many adults wrongly discredit children for their capacity to feel important needs and desires. Too often are youth dismissed for their lack of experience and their willingness to take risks.

Young love should inspire each of us to love ourselves and others fully, vulnerably and without inhibition.

There is no use regretting the harmful relationships you may have had as a teen, because they all served as teaching moments where we learned what we will now refuse to tolerate, how to not be codependent or how not to resist temptation.

For some, it takes a lifetime to learn true love comes from the love we have for ourselves — the kind that doesn’t need others’ validation.

Unfortunately, some never come to this realization and constantly seek love from others to supplement self-love.

Most of us love many people throughout our lives — including strangers and animals.

These types and levels of love represent the varying degrees on the spectrum that is, well, love.

It is not a dichotomy.

I love myself, my birth mother, Mother Earth, friends, sweets, herbal tea, animals, meditation, conversations and writing — all in complex and different ways.

Measuring love is nearly impossible, because it isn’t some quantifiable thing.

It is equally unjustified to say adults love more than adolescents due to the difference in experience levels.

Young people have just as strong a capacity of love as adults — regardless of how immature, naïve or misguided their emotions may seem.

None of us would be who we are today if we weren’t for our own teenage romances. Every form of love at every single age, whether 13 or 82, is meaningful in its own way.

Elisabeth Weems is a junior Journalism & Promotional Communication major at CSU.
LIKE TO WRITE?

The Cauldron has only just begun production for the 2015-2016 school year! Don’t miss the chance to write for us. We are always looking for writers for our News, Sports, Arts & Entertainment and Opinion sections. The only qualifications to write are a one credit-hour enrollment and a passion for writing.

In fact, The Cauldron is run by students just like you. Unsure of your writing skills? That’s OK. Our skilled editorial staff will work with you to improve your writing.

Working with The Cauldron can be a great way to gain experience and build your portfolio. Writers can choose to write for any or all of the four sections of the paper. We’re also in need of photographers — especially if you have your own, professional camera!

The Cauldron holds writers meetings every week — one for each section — in our office in MC 471. If you would like to become a part of our team, send us an e-mail at cauldoneditors@gmail.com or stop by our office. We hope to hear from you soon.