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Assessing plastically dissipated energy as a condition for fatigue crack growth

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1. Introduction

Fatigue of materials has imposed limitations on engineering structures since the beginning of the industrial revolution and even though tremendous research efforts have been aimed towards understanding and predicting fatigue, a reliable method to predict fatigue crack growth still does not exist [1–6]. Currently, there are several avenues proposed for modeling fatigue crack growth in order to obtain life prediction models, including using damage mechanics [7,8], stress intensity factors [9–12], and energy criteria [13–18] as prediction tools for crack propagation. Some of these approaches are enhanced with incorporating various forms of “cyclic-jump” techniques, to accelerate the numerical simulations [19–23].

In this work, we investigate the concept of using plastically dissipated energy as a criterion for crack propagation due to cyclic loading. The plastically dissipated energy can be directly linked to the accumulation of plastic strain, which in turn can for example be linked to accumulation of dislocation in metals. Rice [13] suggested fatigue crack growth using plastic dissipation as a criterion in 1967. Turner proposed using the rate of energy dissipation for defining ductile tearing resistance [15,16]. Using the finite element (FE) method, Klingbeil [17] proposed a technique (based on the work of Bodner et al. [14]) for predicting fatigue crack growth in terms of the per-cycle rate of plastic energy dissipated in the reversed plastic region (defined in Fig. 1). The approach is based on evaluating the conditions around the crack tip for a non-propagating crack. Klingbeil [17] initially used the technique for stationary cracks under mode I loading and the technique was later applied by Daily and Klingbeil [24,25] for stationary cracks under mixed mode loading conditions.

Cojocaru and Karlsson [18] presented a numerical scheme (a modeling frame) where cyclic crack growth can be simulated using finite element analysis (FEA). The modeling frame allows the crack to propagate once a user-defined propagation criterion is satisfied. The total (i.e. accumulated) plastically dissipated energy in a predefined region in front of the crack-tip was suggested as one of many possible propagation criteria for FE simulation of fatigue crack growth. The proposed concept is based on that, from a continuum perspective, the fatigue crack advances by cyclic material degradation in the process zone (Fig. 1) associated with the crack-tip [see, for example, Ref. [11]]. If the material is ductile, then the degradation of the material in the process region is accompanied by significant plastic deformation (e.g., ductile metals and polymers). For metals, plastic deformation is associated with dislocation motion, which is associated with fatigue [13]. Therefore, the plastically dissipated energy in the crack-tip vicinity may be a suitable measure for evaluating crack propagation. In this computational scheme, the per-cycle crack propagation rate is not prescribed, but automatically obtained by probing the plastically dissipated energy in a user-defined domain ahead the current position of the crack-tip [18]. The FE simulations are conducted cycle-by-cycle, i.e. the entire cyclic loading path is simulated. Even though cycle-by-cycle simulations may be computationally prohibitive for a complete simulation of high-cycle fatigue, explicitly studying the evolution of the crack due to cyclic loading is important in many cases, including obtaining crack propagation rates for...
high-cycle fatigue and for cases where the growth of the crack influences the overall response (e.g., debonding of coatings). The proposed approach was shown to be able to capture both crack acceleration and crack retardation [18].

We will here qualitatively investigate if well established experimentally observed trends under selected forms of fatigue loading – including various load ratios and overloads – can be captured by a propagation criterion founded on the (accumulated) plastically dissipated energy. In this work, we focus on assessing this qualitatively via the numerical simulations. A quantitative evaluation can only be done by comparing with carefully developed experimental investigations. This will be done in a later study. The parameters introduced in Section 2 of this study (the “integrated domain” and “critically dissipated energy”) are material parameters and thus will depend on the material investigated. The numerical simulations are based on the computational scheme developed previously [18]. The scheme uses a modeling frame for conducting FE simulations, where the crack propagation is simulated via a node-release technique. The main characteristics of this modeling frame are outlined in the next section.

2. A numerical framework for simulating cyclic crack growth

2.1. General concepts

The modeling frame used in this work was presented in Ref. [18] and the main concepts will be summarized here for clarity. The unique feature of this approach is that the crack extension per load cycle (da/dN) is not prescribed but is the output from the simulations.

The crack propagation is achieved by releasing (previously constrained) nodes along a predefined propagation path. Node-release techniques have frequently been used for FE simulations of fatigue crack growth, e.g., Ref. [26–29]. In addition to its conceptual simplicity for simulating crack propagation along predicted paths under cyclic loading, the node-release technique has the major advantage of avoiding time consuming re-meshing procedures. This is critical for simulating a large number of load cycles. Furthermore, the node-release approach allows using contact formulations for the crack surfaces.

The developed modeling frame uses ABAQUS Scripting Interface [30], where a FE model is generated automatically. The fundamental modeling idea is that any two-dimensional (2D) structure can be decomposed in two sets of (data) entities: (i) a set of continua and (ii) a set of continuum interfaces. A continuum represents a sub-domain having its own constitutive response, typically coded in a separate constitutive subroutine. There are two types of continuum interfaces describing (i) the interactions between two adjacent continua, or (ii) between a continuum and the exterior.

Central to simulating cyclic crack growth is the representation of the interface between two continua. This type of interface is represented as an arbitrary sequence of (i) failed (i.e. separated) segments (modeling cracks) and (ii) intact segments (modeling potential crack extension paths). The end vertices of the intact segments are potential crack-tips and can be assigned propagation criteria based on any quantity available in the FE analysis. An iterative evaluation procedure is called at the end of user prescribed intervals (measured in number of load cycles) to assess the propagation criteria and to advance the crack-tips when a propagation criterion is fulfilled. This modeling frame is a convenient research tool for modeling cyclic crack growth in a variety of cases. Applications of cyclic crack propagation in fracture mechanics specimens, multi-layered systems and structures with geometrically modeled micro-features are illustrated in Ref. [31].

2.2. Crack propagation

The crack propagation criterion investigated in this work is based on using the total (i.e. accumulated) plastically dissipated energy in a predefined region in the vicinity of the crack-tip. Evaluating the plastically dissipated energy only in the vicinity of the crack-tip (as opposed to, for example, evaluating the plastic work for the entire structure) is motivated by the concept of the “process region” (Fig. 1). The proposed approach allows the crack propagation to be assessed independently (for each crack-tip) in the case of multiple cracks. This was illustrated in Ref. [18] for a bi-layer structure containing two cracks.

The accumulated plastically dissipated energy is determined by evaluating this quantity in a discrete domain (the integrated domain, D) in front of the crack-tip. Here, the discrete domain is defined as a set of elements, Ed, approximating a theoretical semi-disk domain of radius r, centered at the current crack-tip. Fig. 2. The plastically dissipated energy in the integrated domain is defined by $W^p(D) = \sum_{e} W_{e}^p$, where $W_{e}^p$ represents the plastically dissipated energy within one element, e, (computed by Gaussian
the density of the plastic dissipation energy is calculated by the
constitutive subroutine at each integration point. The discrete
propagation rate per cycle after the Nth load cycle, Δa/N, is estab-
lished by an iterative computation of the plastic dissipation en-
ergy over the integrated domain (here: the semi-disk domain).
That is, the propagation rate is a result from the simulations and
it is not prescribed. The rate Δa/N is a discrete approximations
of the continuous propagation rate da/dN. The integrated domain is
translated with one element length along the propagation path
and the procedure is repeated until the value of the plastically dis-
sipated energy in the current integrated domain, \( W_p^D \) (D), is less
than a user-specified critical value, \( W_p^{cr} \). The iterative procedure
for establishing the discrete propagation rate, Δa/N, is described in
Ref. [18,31]. In this work, we assume that the critically dissi-
pated energy, \( W_p^{cr} \), is constant, since there is (to the knowledge of
the authors) no experimental data available to quantify such
parameter. Moreover, the size of the integrated domain (i.e. radius
r) is based on the size of the reversed plastic region. Investigations
on the shape, size and position of the integrated domain with re-
spect to the crack-tip, and the appropriate value for the critically
dissipated energy will be address in a future study where numeri-
cal studies are combined with extensive and careful experimental
work.

3. Model description

In this study, we simulate fatigue crack growth in a plane strain
specimen with a center crack. All dimensions are normalized, since
the aim of the study is to qualitatively assess the usefulness of the
proposed method. Thus the half width of the specimen is assumed
R/2 = 1 and the initial half length is a = 0.20, Fig. 3A. Only the right
side of the specimen is modeled since symmetry along the central
vertical axis is assumed, with appropriate boundary conditions im-
posed. The boundary conditions are shown in Fig. 3A. Linear elastic,
perfectly plastic constitutive response is used for all simulations,
with the normalized yield strength \( \sigma_{max} = 1 \), the normalized elastic
modulus \( E = 350 \), and Poisson’s ratio ν = 0.3. Bi-quadratic plane
strain elements with reduced integration were used for the entire
model. The J2 computational plasticity theory [32,33] is used to
predict the inelastic material response including the density of
the plastically dissipated energy. The specimen is subjected to cy-
clic stress applied to the top and bottom edges (Fig. 3). During each
cycle, the stress is varied linearly from an initial minimum value,
\( \sigma_{min} \), to a maximum value, \( \sigma_{max} \), and back to the initial value,
\( \sigma_{min} \). Here, \( \sigma_{max} = 1/6 \) unless otherwise specified. An important
parameter used to characterize the cyclic load is the so-called load
ratio, defined as \( R = \sigma_{min}/\sigma_{max} \) [6]. In the benchmark cases con-
sidered in the following, we use \( R = 0 \) (\( \sigma_{min} = 0 \)), thus the load cycle
has only a tensile character, and \( R = -1 \), where the load is fully re-
versed from tensile to compressive during one load cycle (\( \sigma_{min} = -1/6 \)).

The crack propagation is simulated using the procedure sum-
marized in Section 2 [18]. A refined structured mesh is used in a
rectangular region (1.35 × 10^{-2} by 1.3 × 10^{-2}) along the simulated
crack path, Fig. 3A. In the refined mesh, all elements have the same
size. In the current simulations, the element length in this struc-
tured mesh is \( h_e = 2.5 \times 10^{-5} \). This choice of element length con-
curs with the suggestion of Solanki et al. [28], who recommended to
include at least 3–4 elements along the reversed plastic region (which will be verified later in the discussion). As shown in Ref. [18], the discrete propagation rate incurred after the Nth load cycle, assumes values of the form
\( \Delta a/N = kh_e \), \( k = 0,1,2,\ldots \), where \( k \) is an integer resulting from the
iterative updating procedure. The propagation rate, \( \Delta a/N \), is the dis-
crete equivalent of the fatigue crack growth rate \( da/dN \). The crack
propagation rate is determined according to the following scheme
(Section 2.2) [18]: A discrete semi-disk domain (the integrated
domain), D, of radius r, (Fig. 2) is defined in front of the crack-tip. The
plastically dissipated energy is evaluated in this domain after each
cycle, \( W_p^D(D) \). Crack propagation ensues when a critical value, \( W_p^{cr} \),
is reached, \( W_p^D(D) > W_p^{cr} \). Since this is a new criterion, there is no
procedure for selecting the radius, the shape and/or the position of
the integrated domain with respect to the crack-tip. The goal of
this paper is to assess the suitability of using the plastically dissi-
pation energy as a propagation criterion from a qualitative per-
spective. Further numerical and experimental work is necessary
to calibrate such a criterion. Since both \( W_p^{cr} \) and D are material
parameters, these will depend on the material investigated. The
size and the shape of the integration domain considered here are
obtained from preliminary analytical and numerical evaluations.
In this initial study, we correlate the size of the semi-disk domain
to the size of the reversed plastic region \(^1 (Fig. 1)\) where significant
plastic deformation occurs during both loading and unloading. The

\(^1 \text{Integrated domains of more complex shapes can be developed using other models for the plastic region if desired.} \)
size and shape of the reversed plastic region can be estimated based on one of the various analytical models existing in the literature, or from numerical simulations.

For example, a simple analytical approximation of the size of the cyclic plastic region (in the direction of propagation) for a linear elastic, perfectly plastic material, subjected to mode I loading, can be obtained using the well-known relation for plane strain conditions\(^2\) (see for example Ref. [5,6]):

\[
R_c = \frac{1}{2\pi} \left( \frac{\Delta K_I}{2\pi} \right)^{2}
\]

(1)

where \(R_c\) is the size of the reversed plastic region (measured from the crack tip), \(\sigma_y\) is the material yield strength, and \(\Delta K_I = K_I^{(\text{max})} - K_I^{(\text{min})}\). \(K_I\) is the stress intensity factor (SIF) for mode I of crack opening at the stress \(\sigma\). For the specimen considered here (Fig. 3A), the mode I SIF can be computed using the formula due to Feddersen [34]:

\[
K_I(\sigma; a, B) = \sigma \sqrt{\pi a} \left( \frac{\sec \frac{\pi a}{B}}{\pi} \right)^{1/2}
\]

(2)

In equation Eq. (2), \(\sigma\) is the applied stress, \(a\) is the half length of the crack and \(B\) is the specimen width. For \(\sigma_{\text{min}} = 0\), \(\sigma_{\text{max}} = -1/6\), \(a = 0.20\) and \(B = 2\) we obtain \(K_I = 0.1355\). Assuming \(\sigma_y = 1\), the size of the reversed plastic region in front of the crack according to the equation Eq. (1) is \(R_c = 4.867 \times 10^{-3}\).

Alternatively, one can easily select the value of the radius based on a preliminary analysis with a single load cycle. For the load conditions listed above, we found that a semi-disk of radius \(r = 5.5 \times 10^{-3}\) covers most of the reversed plastic region in front of the crack tip\(^3\), generated during the described load cycle for the considered initial crack length (i.e. \(a = 0.2\)). The value obtained from the numerical analysis is close to the analytical value, and we will use the value obtained from the numerical approach. The integrated domain is described as the set of elements that have at least one node within the theoretical semi-disk domain, Fig. 2 [18].

During cyclic loading, part of the crack surfaces (defined as the “failed segments” above) may be under contact. Thus, contact between the surfaces must be considered in the model. Contact occurs not only for negative load ratios (i.e., \(\sigma_{\text{min}} < 0\)), but can occur for cases where the load ratio vanishes or is positive (i.e., \(\sigma_{\text{min}} > 0\)). For these latter cases, contact is typically induced by what is commonly referred to as “plasticity induced crack closure” (PICC) and is associated with the plastic zone, the reverse plastic zone, and the plastic wake. Many authors have studied this phenomenon. It is generally agreed upon that PICC and the plastic zone directly affect the crack propagation rate; in particular it appears to slow the crack growth rate down, since PICC effectively reduces the stress intensity and may blunt the crack. This is automatically captured in our model (within the context of the formulation). For a review pertaining to modeling aspects on the subject, see Solanki et al. [35], and more recent work can be found for example in Refs. [36,37]. In our model, the normal, frictionless contact formulation in ABAQUS [38] was employed.

Cyclic crack growth is simulated for 100 cycles.\(^4\) Effects of (i) propagation criterion, (ii) load ratio, (iii) single overloads, and (iv) repeated overloads on the simulated fatigue crack growth, based on

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2 A similar relation but for plane stress conditions was initially credited to Rice [13].

3 The density of plastic dissipation (and so the equivalent plastic strain) has its absolute maximum within the first two elements immediately behind the crack-tip. Because these elements participate in “crack-tip blunting”, the dissipated energy within these elements may exhibit mesh dependency due to excessive distortion. Therefore, we position the integrated domain so that only the elements in front of the crack-tip are included.

4 Simulating more cycles is computationally prohibitive on our single processor PC work station, due to the refined mesh used along the propagation path.

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5 When assessing the evolution of the discrete propagation rate at a specific cycle number \(N\), one should consider the discrete value at that cycle but also a sequence of several values occurred before, at and after \(N\).
Further insight to the crack propagation can be obtained by studying the normalized dissipated energy. Fig. 6, which is probed after the end of each cycle (during the first iteration of the iterative scheme [18]) in the discrete semi-disk domain, D, ahead of the crack-tip. The normalized dissipated energy is defined by

$$W_{cr}^D(D) = W_{cr}(D) / W_{cr}$$

Thus, the propagation criterion is fulfilled for any load cycle with $W_{cr}^D(D) \geq 1.0$, and the crack propagates at least one element. The oscillations in the plasticity dissipated energy correspond to a crack propagating with an alternating number of elements for consecutive cycles. Thus, the crack propagates with k elements after cycle $N$, with $k + 1$ elements after cycle $N + 1$ and again with $k$ elements after cycle $N + 2$. In these transitory regimes, due to the discrete nature of propagation associated with the finite element, the integrated domain maybe advanced too far. Therefore, the plasticly dissipated energy needs to accumulate over the next cycles until the criterion is fulfilled again. For example, in Fig. 5A for the cycles between 20 and 90, the crack propagates in one cycle with one element length and in the following cycle with 2 elements. This is manifested with the oscillation in Fig. 6A. The smooth portions in the evolution of the dissipated energy are specific to the crack advancing at constant rate. This can be clearly seen by correlating the evolution of the discrete propagation rate (Fig. 5) to that of the dissipated energy for $R = 0$ (Fig. 6).

4.2. Effect of the load ratio

Next, we investigate the effect of the load ratio on crack propagation. It is established from experimental work that load cycles with negative load ratio are associated with faster fatigue crack growth, e.g., [39]. We verify here that a propagation criterion based on plastically dissipated energy can capture this effect. We compare the two cases of critical values $W_{cr}^P = 0.024$ and $W_{cr}^P = 0.012$ for two load ratios: $R = 0$ (i.e., $\sigma_{min} = 0$) and $R = -1$ ($\sigma_{min} = -1/6$).

For all cases the maximum stress is the same, $\sigma_{min} = 1/6$, and therefore the load for $R = -1$ is twice the load range than for $R = 0$.

For negative load ratios, $R = -1$, the energy dissipated in the integrated domain is higher than for the cases with $R = 0$ (Fig. 6). The increase in plastically dissipated energy for $R = -1$ leads to higher propagation rate, $\Delta a_{cr}$, and consequently shorter crack growth life than for $R = 0$ (Fig. 4). This agrees with experimental observations, which associate negative load ratios with higher fatigue crack growth rates and shorter lifetimes. For example, Stephens and co-workers [39] found that the fatigue crack growth life when $R = -1$ is about 88% of the crack growth life for $R = 0$, for modified compact specimens made from 2024-T3 and 7075-T6 aluminum alloys. In our simulations, for $W_{cr}^P = 0.012$, the crack length after 100 cycles for the case $R = 0$ is achieved in about 85 cycles when $R = -1$. Similarly, for $W_{cr}^P = 0.024$ the final crack length for the case $R = 0$ is obtained in about 77 cycles when $R = -1$ (Fig. 4). Thus, our numerical results agree qualitatively very well with the experimental observations, clearly showing the same tendencies.

4.3. Effect of a single overload

In this section, we investigate how the criterion based on plastically dissipated energy captures the effect of a single tensile overload. The magnitude of the overload is characterized by the overload factor (or “overload ratio”),

$$f_0 = \sigma_{overload}/\sigma_{max}$$

It is well established experimentally that tensile overload cycles induce crack retardation, where the plastic deformation including crack tip blunting is commonly considered the major cause of
the slow down [4,6,40–45]. Interestingly, the maximum crack retardation does not occur immediately after the overload, but after some additional cycling, \( N_0 \) [4,6,40–45]. A schematic representation of the effect of a single tensile overload on the fatigue crack growth rate following those presented in the literature (e.g., Refs. [4,6]) is shown in Fig. 7. Verma and Pandey [44] found from experiments on center crack tension panels of 2024-T3 Aluminum-alloy, that the number of delay cycles due to overload, \( N_0 \) (Fig. 7) increases significantly with the increase of the overload factor, \( f_0 \). Vardar [42] performed overload tests on 7075-T6 Alclad sheets and found an exponential influence of the overload factor on the fatigue crack retardation.

We will here investigate if the proposed propagation criterion can capture these experimentally observed results. The simulations presented here are conducted for the case when the critical plastic dissipation is \( W_{pl}^c = 0.012 \), the load ratio is \( R = 0 \) with \( \sigma_{max} = 1/6 \), and we will probe the results for single overloads of overload factors ranging from \( f_0 = 1.0 \) to 2.0. The single overload is applied during the 10th load cycle. As discussed in sub-section 4.1, for this case (\( W_{pl}^c = 0.012 \)), a sufficient plastic wake forms during the first 9 cycles leading to a “stabilized” discrete rate of propagation.

Crack profiles after 100 cycles are compared in Fig. 8, for \( f_0 = 1.35 \) and \( f_0 = 1.75 \) showing the integrated domain at the final crack-tip position. In this plot, the marks produced by the overloads can be clearly distinguished. Overload marks can also be observed experimentally, see for example Ref. [41]. The overload mark may contribute to a discontinuous closure of the crack as the crack propagates [43].

The normalized dissipated energy in the discrete semi-disk domain, \( W_{pl}(D) \) (probed after each completed load cycle), is presented in Fig. 9A, for various overload factors. When the overload is applied, the plastically dissipated energy decreases significantly in the cycles that follow. The plastically dissipated energy decreases with increasing overload factor. Overload factors higher than 1.5 result in intermittent crack propagation, i.e., the crack does not propagate after each cycle. (When \( W_{pl}(D) \approx 1.0 \) the crack does not propagate and the plastically dissipated energy accumulates over several cycles before crack propagation occurs.) The numerical results also clearly indicate that the overloads cause crack retardation, Fig. 9B. Increasing the overload factor decreases the crack propagation rate which is in agreement with many experimental observations, see for example Ref. [44].

The effect of a single tensile overload can further be analyzed by studying the discrete crack propagation rate, \( \Delta u_{100} \) (Fig. 10) and comparing to the absence of overloads (Fig. 5B). In the cycles following the overload, the crack growth rate first resumes to the value preceding the overload and then decreases. The maximum crack retardation does not occur immediately after the overload, but after some additional cycling, \( N_0 \). This delay in attaining maximum decrease in crack growth rate has been observed experimentally, as discussed above [4,6,40–45]. Thus, the simulations show that the features associated with crack retardation (Fig. 7) are captured during the simulation, including the delay, \( N_0 \), and the increase of \( N_0 \) with increasing overload factor. The delay in attaining maximum decrease in crack growth rate is best visible for \( f_0 = 1.25 \) (Fig. 10A). However, the maximum crack retardation

![Fig. 7. Schematic representation of the crack propagation rate as a function of load cycles showing the effect of single tensile overloads on the crack growth rate, based on Refs. [4,6].](image)

![Fig. 8. Crack profiles after 100 cycles showing the marks created by a single overload applied during the 10th cycle. The discrete semi-disk domain is centered at the final crack-tip position. (The deformations are drawn to scale \( W_{pl}^c = 0.012 \).](image)

![Fig. 9. Effect of a single tensile overload, \( f_0 \), of various magnitudes, on (A) normalized dissipated energy, \( W_{pl}(D) \), after each completed cycle; and (B) change in half crack length, as functions of the number of cycles, \( N(W_{pl}^c = 0.012) \).](image)
4.4. Effect of repeated overloads

Lastly, we investigate the effect of repeated overloads, where we first consider the response due to repeated overloads applied at different time intervals, \( \Delta N \), and then the effect of critically dissipated energy associated with the propagation criterion.

When investigating the repeated overloads at different time intervals, a constant overload factor, \( f_0 = 1.25 \), is used. As for the previous cases, the critical plastic dissipation is \( W_{p0}^0 = 0.012 \), and the load ratio is \( R = 0 \) with \( \sigma_{max} = 4/6 \). The first overload is applied during the 10th cycle. Following the initial overload, we study the response ensuing when overloads of the same magnitude \( (f_0 = 1.25) \) are repeated at intervals of 10, 20 and 40 cycles. The normalized dissipated energy (obtained during the first iteration of the iterative procedure) is shown in Fig. 11A, whereas the evolution of the crack half length, \( a \), is presented in Fig. 11B. For the cases studied, we found that when the overload is applied after each 20 cycles \( (i.e. \Delta N = 20) \), the crack retardation is most noticeable. The cases with \( \Delta N = 10 \) and \( \Delta N = 40 \) are characterized by longer crack lengths than \( \Delta N = 20 \). Fig. 11B. When \( \Delta N = 10 \), the crack propagation rate is influenced by that the overload is applied “too frequently” and each overload cycle results in a higher propagation increment. For \( \Delta N = 40 \), the retardation effect induced by one overload diminishes before the following overload is applied.

**Fig. 10.** Discrete propagation rate, \( \Delta a/N \), as a function of the number of cycles, \( N \), with the corresponding number of elements (right ordinate), when the overload factor is (A) \( f_0 = 1.25 \), (B) \( f_0 = 1.35 \) and (C) \( f_0 = 1.5 \). (The element length is \( h_0 = 2.5 \times 10^{-3} \)). The dashed line in (A) indicate a typical evolution of the crack growth rate observed during experiments with single overloads \([4,6,40–45]\).

**Fig. 11.** For repeated overloads with \( f_0 = 1.25 \): (A) normalized dissipated energy in the semi-disk domain, \( W_p^0(D) \), after each completed load cycle, and (B) change in the crack growth rate, \( \Delta a \), as functions of the number of cycles when the overload is repeated at selected intervals \( [W_p^0 = 0.012] \).

**Fig. 12.** Change in half crack length, \( \Delta a \), as a function of the number of cycles, \( N \), for repeated overloads with \( f_0 = 1.25 \) and \( f_0 = 1.5 \) shown for \( W_p^0 = 0.012 \) and \( W_p^0 = 0.024 \) when the overload is repeated after each 10 cycles.
However, in all cases with repeated overloads, the final half crack length is less than for the case when only the initial overload is applied (Fig. 11B).

Finally, we investigate the effect of the critical plasticity dissipated energy, considering the cases $W_{p1} = 0.012$ and $W_{p2} = 0.024$, for the cases of repeated overloads of $f_0 = 1.25$ and $f_0 = 1.5$. The overload is repeated after each 10 cycles and the load ratio is $R = 0$ with $T_{\text{max}} = 1/6$. The evolution of the half crack length is shown in Fig. 12. Crack retardation is captured for all cases, but is more noticeable when $W_{p2} = 0.012$. As expected, the higher overload factor ($f_0 = 1.5$) decreases the crack propagation rate more than the case of the lower overload factor ($f_0 = 1.25$).

5. Concluding remarks

A proposed condition for simulating crack propagation due to cyclic loading through a numerical scheme has been investigated qualitatively by employing the finite element method. The propagation criterion is based on a condition that relates the plastically dissipated energy to a critical value. To this end, the accumulated plastically dissipated energy is integrated over a discrete semi-disk domain in front of the crack-tip and the crack propagates when the criterion is fulfilled. Thus, the propagation rate is not specified, but results from an iterative evaluation of the propagation criterion. A higher value of the critical plastically dissipated energy results in a slower crack propagation rate.

To investigate if a propagation criterion based on the plastically dissipated energy in a domain defined in front of the crack tip is a viable condition, the effects of load ratio ($R = \sigma_{\text{emin}}/\sigma_{\text{max}}$) and of tensile overloads (with overload factor $f_0 = \sigma_{\text{overload}}/\sigma_{\text{max}}$) on the fatigue crack growth rate were studied. Based on experimental observations, it is well established that a negative load ratio may increase the crack propagation rate. Contrarily, tensile loads tend to decrease the crack propagation rate. The numerical results presented here suggest that the proposed scheme qualitatively captures these rate changes very well. Thus, the proposed propagation criterion appears to be a viable approach for numerically simulating crack growth due to cyclic loading where the propagation rate automatically results from simulations.

In the current form, the approach presented in this work can be used to establish relative crack propagation tendencies for different load cases. For absolute values ("real" values), calibration with physical experiments are needed. The shape and size of the integrated domain and the critically dissipated energy are material parameters in the proposed scheme. These parameters can in the simulations be made dependent (in addition to the material selected with associated properties) on any measurable quantity in the FE-model, such as (but not limited to) crack length, cycle number and time. The values used in this presentation were selected to show that the proposed concept is viable. For example, the value of the critically dissipated energy was selected solely with the purpose of achieving a reasonable propagation rate with respect to the numerical simulations and will not give a correct crack growth rate for a real system. A quantitative development and calibrating the proposed criterion requires significant experimental work, where the size and shape of the integration domain along with appropriate values for the critically dissipated energy are established. Moreover, further numerical investigations are necessary for calibrating the mesh size along the predicted path of crack propagation. All these are the topics for future work.

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